



## **Employee Life Style Focus Program** **For Diabetics**

The diabetes program for the county employees and their insured dependents will continue, with some changes.

Currently, employees and their covered dependents that are diabetic receive their diabetic medications and supplies without having to pay a co-pay.

For the 2016 coverage year, employees and their covered dependents will pay co-pays for their prescriptions at their pharmacy. Employees will provide all receipts for diabetic prescriptions with the attached claim form to the coordinator of the ELF program at the Sullivan County Regional Health Department.

The cost of the generic drugs will be refunded up to \$10 per generic prescription and up to \$45 for preferred/non-preferred prescriptions. You can look up your prescription at this website to see the cost of its co-pay – <http://info.caremark.com/stateoftn>  
You will need to know which plan you are on.

In order to take advantage of this program and be reimbursed for prescriptions you need to contact Alisa Hearl at the Sullivan County Regional Health Department to make an appointment for the “Employee Lifestyle Focus Program” now.

You will not be able to get any reimbursements for co-pays until you have had your first meeting with Alisa.

**EMPLOYEE LIFESTYLE FOCUS PROGRAM**

**423 279-2777**

